

## **INTERNATION CONFERENCE IN BEMETARA (CG)**

### **"A study of women's participation and women empowerment in Chhattisgarhia Olympics"**

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**ABSTRACT:** With the slogan *Khelbo leetbo Garbo Naya Chhattisgarh* in the Chhattisgarh Olympics sports facilities are being improved the positive image of the state created by international schemes, the state government is promoting Chhattisgarh Games by bringing forward the folk art and culture embedded in the fragrance of the soil of Chhattisgarh. She is also working to move forward Chhattisgarhia Olympics is organized in Chhattisgarh in the month of September. In this Mahakumbh, which will last for 210 days. 16 types of indigenous sports will be competed in The passion of people to participate in the Chhattisgarh Olympic competition organized in 6 stages is visible. The special thing about this Olympics is that women also participated enthusiastically in this Chhattisgarhia Olympics. This includes women who had gone to their in-laws house after marriage, this Olympics has also given them an opportunity to join These women unexpectedly emerged winners in competitions organized at various levels. 16 sports have been included in Chhattisgarh Olympics under which team sports include GilliDanda, Pigul, Sankhali. Langdi race.Kabaddi.Kho-Kho rope jumping wrestling banti (kancha) and single sports include Billas. FugdiGedi race.Bhanwara 100 meter race and long jump competitions are being organized.

After being organized in Chhattisgarhia Olympics in 6 phases. Level Of Rajiv YuvaMitan Club Level- 02 Zone Level Level 03 Development Block and City Collector Level. Level-04 District Level Level-05 Division Level-State level competitions are being held in 06. The special thing about Chhattisgarhi Olympics is that women are participating enthusiastically in it and are also winning due to which women are presenting a grand example of women empowerment by becoming physically, mentally and economically strong.

Sports is an integral part of life. Playing various sports improves our physical, mental and social health Sports is so important in life that without it our life is considered incomplete. Sport is defined as an organized competitive and trained physical activity in which there is commitment and fairness Sports involve high organizational levels and profits. Sports improves our mental

physical and social development. It provides an opportunity to keep us healthy develop brain abilities practice strategy and teamwork. It enhances the quality of our life and gives us the ability and strength to fight positively and win life. Sports is a great social organization. When we play, we organize in groups with all the players and do teamwork this develops our social organization skills and gives us the skills to cooperate with other people.

### **CHHATTISGARHI OLYMPICS-**

There has been a tradition of sports since ancient times sports fill our lives with enthusiasm. Through sports competitions people get a chance to showcase their skills and also increase self-confidence and energy. This energy helps us to overcome new challenges of the future and set the stage for success. Some ten traditional games were quite popular today. People participated with enthusiasm But gradually with the changing times this culture started becoming extinct. It is very important to keep the sports culture alive and thriving Traditional sports develop many types of skills. It is very important for positivity in life. To save the culture of these traditional and indigenous sports the immediate Chief Minister of Chhattisgarh Government. Mr. BhupeshBaghelji The Olympics began as a broader effort. The entire state of Chhattisgarh showed enthusiasm in this Mahakumbh of indigenous traditional sports.

### **WOMEN EMPOWERMENT-**

Women empowerment can be defined in very simple words that women become powerful so that they can take every decision related to their life and can live well in the family and society in order to achieve their real rights. Women empowerment is to enable them to Women empowerment means providing them equal opportunities for social services including education and freedom, their participation in political economic policy making and directive principles of state policy, the right to equal pay for equal work and their right to self-reliance and security. Unless women awaken their power, capability, knowledge, skill, ability and self-confidence, no external reason can empower them Sports plays a special role in this field.

### **OBJECTIVES OF STUDY-**

1. To study about traditional indigenous games of Chhattisgarh
2. To review Chhattisgarhi Olympic Games
3. To study the participation of Chhattisgarhi women in Chhattisgarhi Olympic Games
4. To study the empowerment of women participating in Chhattisgarhi Olympic Games

### **RESEARCH HYPOTHESIS-**

1. There will be no participation of women in Chhattisgarhi Olympics.
2. Chhattisgarhi women will not take special interest in the indigenous sports of Chhattisgarhi Olympics
3. Chhattisgarhi Olympic Games will not have any impact in the empowerment of women

### **METHOD OF STUDY-**

1. Primary and secondary data will be used to know the role of women in Chhattisgarh Olympics.
2. In Chhattisgarhia Olympics information will be collected by meeting government schools of various districts of the state and Rajiv YuvaMitan etc. at Gram Panchayat development block and city level
3. In the primary area, data will be collected by personally meeting people directly involved in Chhattisgarh Olympic Games in villages and cities.
4. in the second area data will be collected from Gram Sabha/Gram Panchayat Sports Department government schools and government newspapers and magazines.

### **WOMEN'S PARTICIPATION IN CHHATTISGARHIA OLYMPICS-**

16 traditional sports have been organized in the Chhattisgarhia Olympics starting from the month of July. Chhattisgarhi Olympics: Like last year this year also Chhattisgarhi Olympics has been organized 16 types of traditional have been included in this game. Which also includes rope jumping and wrestling for the first time. This competition which will last for about 2 months and 10 days will be organized in six phases. Everyone from children to the elderly can participate in this sports competition. The responsibility of organizing Chhattisgarh Olympics rests with the Panchayat and Rural Development Department for rural areas and the Municipal Corporation for urban areas.

It has been handed over to the Administration and Development Department Rajiv YuvaMitan will be organized in six levels from club to state level. The winning players will also be given prizes. In the team category of Chhattisgarh or Olympics in the sports disciplines like Gil Danda. Pittool Sankhali Langdi race. Kabaddi Kho-Kho Rassikasi and Baati (Kancha) Billas Fugdi Gedi race. Bhanvra 100 meter race. long jump rope jump and Wrestling is involved

The competition will start from the State Youth Mitan Club InChhattisgarhia Olympics, the age group is divided into three categories in which (1) First category is up to 16 years of age. (2) Second category is from 18 to 40 years of age and (3) Third category. This includes people above 40 years of age. Both male and female participants will be able to participate in this competition. First kit will be arranged at every event level and emergency medical facilities will be available at the local level as much as possible. The organizing committee will be responsible for ensuring the safety of ambulances at the event level. As per the instructions given by the Sports and Youth Welfare Department, only women referees and judges will be appointed for women players. Apart from this, it has been made mandatory by the department to collect valid identity certificates from the players at all levels of the event.

### **ANALYSIS OF FACTS**

1. At present women in the rural areas of Patan should be aware of their health. When asked questions related to this among the female respondents, 95 (95%) women answered yes and only 5 (5%) women answered no. Hence it is clear that most women are aware of their health.
2. When asked a question regarding rural women being interested in sports and getting benefits from sports, 98 (98%) women answered yes and only 2 (2%) percent women answered no. Hence it is clear that women have special interest in sports.
3. On the question related to sports improving the future, among the female respondents (65) 65% women gave us a positive answer and (35) 35% women gave a negative answer. Hence, it becomes clear that rural women are interested in making their future through sports.
4. When rural sports women were asked questions related to health as well as development of efficient leadership abilities through sports, 80% women replied yes and 20% women replied no. Therefore, rural women are aware of sports.
5. Women were asked a question regarding removing negative thoughts through sports, in which 99% women gave us their answer in yes. Hence it is clear that rural women understand the importance of sports.

6. Questions were asked regarding self-employment through sports like business. industry research and good business in which 97% women answered us. From which it can be inferred that rural women are also ahead for self-employment.
7. When asked about economic empowerment through sports. 91% women answered us. Hence it is clear that economic empowerment is possible through sports.
8. 99% women answered the question related to Chhattisgarh state getting national and international fame through Chhattisgarh sports Hence it is clear that the rural women of Chhattisgarh are very excited about the Olympic Games
9. in the question related to better participation of rural women in Chhattisgarh Olympics 100% of all women answered us.

### ANALYSIS OF SECONDARY DATA

1. Village Batang
2. DarbarMokhali
3. Village Garadih

Second data from survey of three villages of Patan assembly

#### Chhattisgarhia Olympics 2023-24 Rajiv YuvaMitan Club

S no.	Name of the game	0 to 18 years age group				18 to 40 years age group			
		Selud	Mokh ali	Obsti nate	sum	Selud	Mokh ali	Obst inate	su m
1	same of tip cal	35	40	55	130	55	15	19	89
2	Pitul	20	20	21	61	21	20	22	63
3	lame run	32	35	40	113	40	10	15	35
4	Kabatk	40	45	60	145	60	15	18	93
5	tug of war	60	60	70	190	70	15	22	107
6	Bost	10	15	16	41	16	10	12	38
7	Bectes	20	26	30	76	30	30	35	95
8	fugdi	50	50	51	101	51	20	22	93
9	saran of tip	15	22	20	257	20	10	12	42

	cat								
Malayoga		282	313	363	1114	363	145	177	68 5

**CONCLUSION**

In the research study mentioned above it is known from the primary and secondary data that women of rural areas are also aware of sports. She knows that her mental physical emotional and economic development is possible through sports. Not only for development but also for their personal happiness and to stay away from negative thinking. She is also participating enthusiastically in sports. In the above study the area of three villages Garadih. Selud and DarbarMokhali of Patan assembly has been studied in which primary and secondary data has been collected during the study From all the data obtained it is known that there has been special participation of women in Chhattisgarh Olympics Women have not only participated in sports but have also won. In today's 21st century, women, whether from rural areas or urban areas are moving towards all-round development understanding their interests and disadvantages, they are moving towards all-round development ie economic social mental educational development.

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