

A STUDY ON PROFESSIONAL ADJUSTMENT OF THE  
SECONDARY SCHOOL TEACHERS

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### **ABSTRACT**

The purpose of the study is to determine the professional adjustment of secondary school teachers in durg district. Professional Adjustment is a crucial concept with lot of importance in teacher's life. Teachers are the major components of education they play important role to determine future generations. For the present study a survey was conducted on a sample of 100 secondary school teachers working in 20 different schools of Durg district, Chattisgarh. The required data was collected with the help of tool Teachers Professional Adjustment Inventory by A H Rizvi (2017). The findings revealed no significant difference in Professional Adjustment on the basis of gender and marital status of secondary school teachers but found a significant difference in Professional Adjustment between Government and Private Secondary School Teachers.

### **INTRODUCTION**

Education starts with life, once the child is born he starts learning and it continues till his or her last breathe. Educational Institution plays a vital role in upbringing of a child. Educational Institutions are the production factories act as suppliers of all other working fields. Educational Institutes have teachers who shape the children and make them a good citizen. Teacher being a motivator and counsellor has so many duties and responsibilities to fulfil the needs of student and institution. In teaching learning process teacher provides a conducive environment to students, develops specific ability in students, create cooperative behavior among themselves and students by conduct various competitions in school and many more. Teaching has become most challenging and complex in present changing situations. The teacher of today emphasize on harmonious development of children so that they can contribute to the maximum for national development and social welfare of the country (Chauhan, 2001). Teaching is a profession requires a complex blend of instructional abilities and collaborative planning. By showing professional attitudes and actions inside and outside the classroom teachers maintain a harmonious

relationship with students, parents and other organs in the school. Teachers have to adjust in many situations in order to maintain and balance their professional and personal life.

### **PROFESSIONAL ADJUSTMENT**

It is well accepted by all persons who are concerned with social welfare and progress of a country that the a teacher plays a crucial role in building up of a nation and better to call them as Nation Builder. He is charged with an important responsibility of modifying and shaping the personality of children so that in future they grow up into good citizen. The responsibility of the teacher increases in case of developing nations that are engaged in exploiting their physical and human resources for the all round development of the Nation. Professional Adjustment refers to adjustment of a teacher with his staff, organs of institution, new teaching techniques and students. For a teacher it indicates a strong motivation for learning. Teacher has to maintain a collaborative relationship with students, staff and parents. He or She has to dedicate time and put extra effort also if required for the wellbeing of the students.

### **REVIEW OF LITERATURE**

Hassan and Rasool in “A Study of Adjustment among Government and Private Secondary School Teachers in Ongole town of Prakasam District” compared the adjustment of secondary school teachers. 55 governments and 50 private school teachers were selected through stratified random sampling technique. Mangal Teacher Adjustment Inventory (MTAI) developed by Dr. S.K. Mangal was used for the data collection. Mean, SD and t-test were employed to analyze the data. The study revealed that government secondary school teachers possess significantly better adjustment than their private . There was no significant difference found between the adjustment of government male and female secondary school teachers (Rasool\*\*, November 2018).

Halder U.K. and Roy R.R. in “Teacher Adjustment and Job Satisfaction of Secondary School Teachers” conducted a study to explore the relationship between teacher adjustment and job satisfaction of the 400 randomly selected secondary school teachers of West Bengal and found a positive co-relation (.404) between teacher adjustment and job satisfaction. (Halder\*, March 2018)

Kaur in “Job Satisfaction of College Teachers in relation to their Adjustment” investigated to explore the interrelationship of Job satisfaction and Adjustment of college teachers of SBS Nagar

of Punjab. 100 college teachers of age group 25-40 were taken as sample. The study revealed significant difference between mean scores of job satisfaction between male and female primary teachers (Kaur, January 2021).

### **NEED AND IMPORTANCE OF THE STUDY**

Teaching has become most challenging and complex in present changing situations. The teacher of today emphasize on harmonious development of children so that they can contribute to the maximum for national development and social welfare of the country. A sound knowledge of Teacher Adjustment processes is essential under the present scenario just to enable a teacher to function well and to pave the way for a better adjustment and healthy improvement of students. Professional Adjustment helps a teacher to gain more knowledge and experience with passing time. For a teacher it indicates a strong motivation for learning. Teacher has to maintain a collaborative relationship with students, staff and parents. Teacher dedicates time and put extra effort also if required for the betterment of the students. A teacher who is adjusted will not shift to any other profession rather they are satisfied with their profession and live a tension free and stress free life. For any institution teachers with qualities of strong inspiration, motivation, enthusiasm for learning and co-operative behavior towards staff, students and parent, adaptability to the changes can make the institution grow up.

### **SIGNIFICANCE OF THE STUDY**

A teacher's work productivity totally depends upon his or her professional and personal life. Professionally teacher should be well adjusted and able to have a harmonious balance among personal and professional life. The study will provide the pathway of valuable confirmations to the educators, management and stakeholders about how students and teachers learn the best so that they can become more effective teachers. It will help in the field of education to develop new methods and educational technology that may help the educators to lead a stress free life. The study will provide justification and rationale for discussion and actions in teaching learning process, to identify the expected problems of future and solve them easily and successfully. It will spark the interest of readers specially teachers to focus and learn how to handle the situations. Thus the useful and relevant information which will be provided from this study will benefit teachers, students, parents, staff of school, management, administrators and future researchers.

## **STATEMENT OF PROBLEM**

A study of Professional Adjustment of the Secondary School Teachers in relation to gender ,marital status and type of school.

## **OPERATIONAL DEFINATIONS**

Professional adjustment- Professional Adjustment refers to adjustment of a teacher with various organs of school like colleagues, staff , new teaching techniques, students and management.

**Secondary school teachers-** Teachers teaching in class 9th and 10th.

**Type of school-** Government and Private school .

**Gender -** Male and Female secondary school teachers

**Marital status-**Married and Unmarried secondary school teachers

## **OBJECTIVES**

To study the impact of variables on professional adjustment of secondary school teachers

- To find whether there is a significance difference in Professional Adjustment between male and female secondary school teachers.
- To investigate whether there is a significance difference in Professional Adjustment between married and unmarried secondary school teachers.
- To study whether there is a significance difference in Professional Adjustment between government and private secondary school teachers.

**TOOL -** Teachers Professional Adjustment Inventory by A H Rizvi(2017)

**METHOD -** The investigator adapted survey method for the present study.

**POPULATION FOR THE STUDY -** For the present study secondary school teachers of district Durg Chattisgarh .

**SAMPLE -** There were 100 secondary school teachers from government and private schools of Durg district.

## **STATISTICAL TECHNIQUES USED**

- Mean
- Standard Deviation
- t – test

**DELIMITATIONS OF THE STUDY**

- The researcher has taken 100 samples from district Durg , the state of Chattisgarh.
- The researcher has taken secondary school teachers randomly.

**HYPOTHESES**

H1- There is no significant difference in Professional Adjustment among male and female secondary school teachers.

H2- There is no significant difference in Professional Adjustment among married and unmarried secondary school teachers.

H3- There is no significant difference in Professional Adjustment among government and private secondary school teachers.

**ANALYSIS OF DATA**

For verifying each hypothesis, mean and standard deviation were calculated.

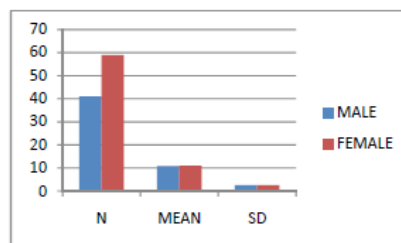
**TABLE-1**

Professional Adjustment of Secondary School Teachers on the basis of gender.

Professional Adjustment of Secondary School Teachers on the basis of gender.

GENDER	N	MEAN	S.D	't' value
MALE	41	10.79	2.60	0.326(NS)
FEMALE	59	10.96	2.62	

NS-Not Significant at 0.05 level



Professional adjustment on the basis of gender (1)

TABLE 1 shows that there is no statistical difference in their mean scores as the obtained ‘t’ value is found to be not significant at 0.05 level of significance.

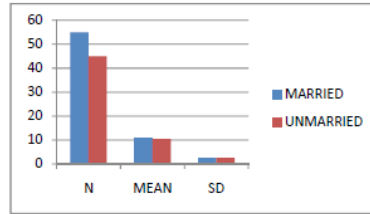
Interpretation: Thus hypothesis 1; There will be no significant difference in professional adjustment of male and female Secondary School teachers, is accepted.

**TABLE-2**

Professional Adjustment of Secondary School Teachers on the basis of marital status.

MARITAL STATUS	N	MEAN	S.D	't' value
MARRIED	55	10.92	2.53	1.139(NS)
UNMARRIED	45	10.48	2.54	

NS-Not Significant at 0.05 level



Professional adjustment on the basis of Marital status(2)

TABLE 2 shows that there is no statistical difference in their mean scores as the obtained ‘t’ value is found to be not significant at 0.05 level of significance.

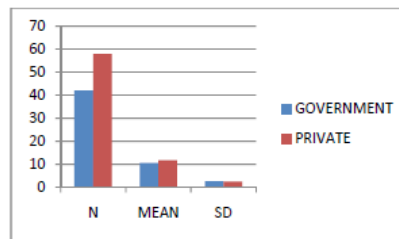
Interpretation: Thus hypothesis 2; There will be no significant difference in professional adjustment of married and unmarried Secondary School teachers, is accepted.

**TABLE-3**

Professional Adjustment of Secondary School Teachers on the basis of type of school.

TYPE OF SCHOOL	N	MEAN	S.D	't' value
GOVERNMENT	42	10.50	2.60	2.47( S)
PRIVATE	58	11.73	2.40	

S- Significant at 0.05 level

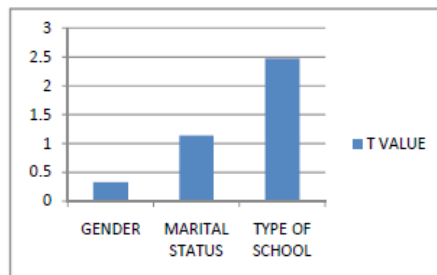


Professional adjustment on the basis of type of school (3)

TABLE 3 shows that there is a difference in their mean scores as the obtained ‘t’ value is found to be significant at 0.05 level of significance.

Interpretation: Thus hypothesis 3; There will be no significant difference in professional adjustment of Government and private Secondary School teachers, is rejected.

## RESULT AND CONCLUSION



T Value Chart (4)

There is no significant difference in professional adjustment of male and female Secondary School teachers. There is no significant difference in professional adjustment of married and unmarried Secondary School teachers. There is a significant difference in professional adjustment of government and Private Secondary School teachers. Thus by looking into the result it is concluded that gender and marital status did not show any difference in professional adjustment of secondary school teachers in durg district, but government and private secondary school teachers show difference which may be due to various reasons like curriculum, school environment ect.

### **SUGGESTIONS FOR FURTHER STUDIES**

Same study can be conducted in case of college teachers and primary school teachers. Comparative analysis can be made between college, primary school teachers. A study on level of professional adjustment of teachers can be undertaken.

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